

1.0 Philosophy of Care

Baile Mhuire Day Care Centre's philosophy of care is to support people to stay in their community and function to the fullness of their ability. At Baile Mhuire Day Care Centre, we strive to create a warm, respectful, engaging atmosphere that enhances involvement, enthusiasm, and enjoyment all while increasing stimulation of both mind and body

2.0 Aims and Objectives

Baile Mhuire Day Care Centre has a number of aims and objectives, which are all centred on the older person and individuals affected by Stroke. These aims and objectives include:

- To ensure each service user is valued for their strengths and abilities, and not restricted from opportunities because of age, culture, or disability.
- To support service users to retain their functional independence and allow them to remain as independent as possible within their own home, the community and within their chosen way of life.
- To provide opportunities for service users to develop new skills and lifestyles and maximise their potential.
- To promote an environment where service users are able to feel secure, confident and included in all decisions regarding the service provided to them.
- To provide rehabilitation, health promotion and access to therapists.
- To promote an environment where service users have access to solutions that improve memory loss e.g. reminiscence therapy and meaningful activities.
- To provide a social outlet for older people in the community thus preventing loneliness.
- To provide information for service users so that they can make informed decisions in respect of their lifestyles and entitlements.
- To provide services such as mid-day meal, bathing, occupational therapy, physiotherapy, chiropody, nursing, and hairdressing.
- To provide evidence-based care to meet the needs of each service user.
- To promote a continuous quality improvement approach to the delivery of care and services to our service users.
- To safeguard the wellbeing of each service user in all activities involved in the provision of care and services.
- To support and development staff so that a person-centred approach can be consistently applied throughout the day care centre.